

AFRO TAO HEALING DANCE

AGORA LISBOA

*23, Rua Rafael de Andrade
(metro Intendente)*

**AFRO
TAO**

Healing Love Dance is the meeting of Tao with the Traditional African Dance in our body. It is a healing dance that invites us to anchor ourselves, to move while transforming stress, physical pain and negative emotions into joy and vitality to live the balance inside.

DATES TO REMEMBER

***Saturday and Sunday,
November 14 and 15, 2020
« Weekend Immersion workshop »**

**Saturday, October 17,
2020, workshop from
5 p.m. to 6:30 p.m.**

**Saturday, December 12
Workshop from
5 p.m. to 6:30 p.m.**

Contact and reservations



Limited Place



✉ djimycoach@gmail.com

🌐 <https://agora-lisboa.com>

<http://jemesensbiendansmoncorps.e-monsite.com>

DJI ADOGLI

Is a vitality coach, African dancer and certified instructor who teaches The Tao of UHTS (Universal Healing Tao System) by Mantak Chia. Her dance and tao workshops are held in France and Portugal. She also works in Africa, Thailand, India and wherever she is invited.

"TAO"

Means the "way", the "path" that one makes within oneself, towards oneself, between one's physical body, emotions and mind, to relearn to move like nature, to refocus on one's essential and simply feel good!

Immersion workshop Weekend (12 hours)
November 14 and 15, 2020.

This immersion workshop will reconnect you with your feminine power, treasures and freedom :

- *Sacred and sexual healing practices,*
- *Rituals and African Orishas healing dances.*
- *Emotional and traumas releasing.*
- *Music and songs medicine.*
- *Natural detox tea.*



Investement week-end

Portugueses residents : 130 €

Internationals : 150 €

*Workshop : 15 €

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